





Chico Community Prevention Coalition August 8th 2024, Meeting Minutes Hybrid Meeting via Teams & Plumas Bank Conference Room 3:30 PM-5:00 PM

Welcome- sign in using QR code or sign in sheet \bigcirc Icebreaker Activity Introduce self/ Organization/Pronouns- Question: *What are you looking forward to this month of August?*

Mission Statement

Nathan read the mission statement of the Chico Community Prevention Coalition. Focus on preventing and reducing youth substance use. Engaging youth and families, promoting protective factors, and increasing community education and collaboration.

Community Agreements

Charlie reviewed the community agreements: One person, one mic. Take space, make space. Assume best intentions. Take care. Respect each other and use proper pronouns. Opps/Ouch/educate. Vegas rule (confidentiality).

Coalition Updates

Review survey results: Discussion on changing the meeting date and time. Proposed New Meeting Days/Time and Location. 15 responses, with a split preference for keeping the same date or changing it to Second Tuesday or Wednesdays. To follow up with coalition with survey before the next meeting.

International Overdose Awareness Day August 31st is International Overdose Awareness Day. Please learn more by visiting https://www.overdoseday.com/

<u>Coalition Involvement Agreement</u> Coalition member application for new member orientation and would like to be reviewed and shared with current members on yearly basis. Members were asked to sign the coalition involvement agreement to agree in attending and participation in coalition efforts. Available on our webpage <u>New Member Application – Healthy Rural California</u>

<u>Member Updates</u>: Sobering Center Update- Justin provided an update on the new Sobering Center in Chico. Not a detox or crisis center, but for resource navigation. Priority referral from hospitals and police departments. 12 beds, showers, meals, and laundry services available. Monitored by EMTs and equipped with care navigators and counselors.







DFC Action Plan Review:

Marie discussed the action plan for the upcoming year. Goals include building capacity, increasing coalition participation, and community collaboration. Activities include providing information, education, and engaging in community events. Focus on maintaining 12 sector memberships and increasing public awareness.

Youth Engagement

Marie emphasized the need for more youth engagement. Lauren L is the new youth sector representative and worked with Maya at the Mechoopda Back to School Event. Potential activities: Youth conference, Screenagers movie screening, and educational workshops. Collaboration with Boys and Girls Club, Stonewall Alliance, and Teen Center.

Brief Interventions

Discussion on how to teach youth on refusing drug use. Examples: Refuse confidently, provide a reason, change the subject, avoid the situation, use humor. Suggestion to involve teenagers in creating these interventions.

Upcoming Events

-Today, August 8th: Mechoopda Indian Tribe Back to School event.
-Friday, August 9th: Wayfinder Family Services Back to School event.
-Saturday, August 10th: Back to School Bash at Dorothy Johnson Center.
-Salvation Army Events: Solid Rock Music Academy FREE SIGN UP ASAP and Back to School Event- Kicks (shoes) and (hair) Cuts.

Training Ideas and Feedback always accepted! Please see presentation for QR code link or email <u>mwallace@healthyruralca.org</u> <u>mteso@healthyruralca.org</u>

Action Items

- 1. Provide an coalition involvement agreement (see attached pdf)
- 2. Nathan to confirm if the Sobering Center offers support to youth.
- 3. Marie to coordinate with Chico PD on the Responsible Beverage Service Training.
- 4. Marie to send out meeting minutes and coalition involvement agreement to online participants.
- 5. Marie to organize a subcommittee for the Screenagers movie screening.
- 6. Marie to update the action plan with new ideas and activities.

Follow-Up Points

- -Confirm the next meeting date and location.
- -Complete the coalition involvement agreement and email it back.
- -Planning the youth conference and Screenagers movie screening.
- -Coordinate with Public Health for outreach materials and lockboxes.
- -Continue discussions on youth engagement and brief interventions with youth present.







Next Meeting

Date: Thursday, September 3, 2023

Time: 3:30 PM - 4:30 PM TBA LOCATION

Location: To be confirmed (potentially Public Health or Plumas Bank)

Note: This summary captures the key points and discussions from the meeting. For

detailed information or specific queries, please refer to the meeting minutes or contact

the project coordinator.